## East Carolina University Adventure Leadership Program Trip Liability Release, Covenant Not to Sue, Assumption of Risk, Indemnity and Hold Harmless Agreement

2. I/my child understand/s and appreciate/s the inherent risks and dangers of participating in Adventure Leadership Program trips, and adventure-based outdoor activities. These dangers include but are not limited to the following:

Land activities such as traveling through mountainous and/or back-country terrain, traveling through cave passages, skiing on snow, bicycling on roads or trails, or other land- based activities may have hazards which include, but are not limited to: exposure to the forces of weather and/or nature, twisting an ankle, breaking bones, sustaining a head injury or other serious or minor injuries, and death.

Water activities such as whitewater kayaking, sea kayaking, standup paddle boarding, surfing, canoeing, whitewater rafting, and other water-based activities may have hazards which include but, are not limited to: paddling turbulent or calm waters, exposure to the forces of weather and/or nature, drowning, foot entrapment, changing water levels, and death.

Accidents or illnesses can occur in remote places without medical facilities. Travel by air, train, automobile and/or other forms of transportation could result in property damage and personal injury, including the possibility of death.

I/my child agree to accept all risks whether present or future, known or unknown, arising from or as a result of my/ my child's participation in all Adventure Program activities.

- **3.** I/my child understand that I/my child must be healthy and reasonably fit in order to safely participate in the Adventure Program and that I/my child will inform the program leader of any medication, ailment, condition, or injuries that may affect performance.
- **4.** I/my child do hereby release, forever discharge, covenant not to sue and agree to hold harmless and indemnify East Carolina University, the Adventure Leadership Program, and their respective governing board members, officers, agents, employees, staff, related corporations and volunteers from and against any and all liability for any and all harm, injuries, damages, claims, demands, actions, causes of action, costs, attorney's fees and expenses of any nature, including, but not limited to, loss of consortium, physical and mental suffering, and death, arising out of or related to any loss, damage, or injury that may be sustained by me and/or my child or by any property belonging to me and/or my child that results, directly or indirectly, from my/my child's participation in all Adventure Program activities.

In signing this Release, I acknowledge and represent that I have read and fully understand this Release before signing it, and that I am signing this Release as my own voluntary act and deed. No oral representations, statements, or inducements, apart from the foregoing written statement, have been made. I further state that I am fully competent to sign this Release, and that I do so for full, adequate, and complete consideration, fully intending to bind myself and my respective family members, estates, heirs, administrators, personal representatives, and assigns.

Participant Signature:		Date:
Signature of Parent/Guardian:		Date:
Banner Number:	Trip Name:	