

**East Carolina University  
Intramural Sports  
5v5v5 Softball Rules**

Governing Rules

- Current ASA (Amateur Softball Association) rules shall apply with modifications or exceptions as indicated below.

Format:

- Game consist of 3 teams competing against each other in a 5-inning game.
- Each game will have a 45-min time limit. (If the time runs out in the middle of an inning **ALL** teams must bat unless the last team to bat in the inning is winning).
- Each inning has a Top, Middle and Bottom where each team bats
- Each team will bat 5 times and play defense for 2/3 of each inning.
- A “infield team” and an “outfield team” will play defense while the “batting team” takes their turn at the plate
- All three teams rotate positions for one cycle (9 outs) to complete one inning.
- ***5v5v5 Softball is Self-pitch. Each team will designate a player on their team to pitch to their own team. (This player may change at any time). If the ball is hit to the pitcher, they are not to touch the ball unless it is hit directly at them. In this situation they are to catch or deflect the ball for their safety and TIME will be called. The batter will be awarded first base. The umpire can call the batter out if the pitcher is intentionally interfering with the ball. If this is called it is an automatic out for the batter.***
- The “infield team” will provide the catcher.

Scoring:

- At the end of the 45-min time limit or the completion of 5 innings the team with the most runs gets 3points, the team with the second most runs gets 2 points and the team with the least runs gets 1 point
- The count for every batter will begin with a 1-1 count.

Players:

- Each team is required to play with **5** players. There is no max as to how many players may play on each team. If there are more than 5 players in the line-up all players **MUST** bat.
- There is **no** requirement that all players on each team must play in the field.
- This league is an open league with no gender requirements to play. Teams may consist of any combination of male and female participants.

Equipment:

- Shoes - Athletic shoes must be worn by all participants. Soccer style shoes are recommended. Shoes with metal cleats or hard nylon cleats will not be permitted.
- Bats – Legal softball bats must conform with ASA guidelines. An official can rule on the legality of a bat if there is any question regarding whether it is ASA acceptable. A list of illegal or “banned” bats will be located at the softball fields. Bats need to be checked in by the captain at the captains’ meeting before the game begins. **If a team is found using an illegal bat during a game, they will forfeit the game.** There will be no penalty for an illegal bat that is checked in before the game except for the fact it will not be allowed.