



Carolina Ice Zone Emergency Action Plan

Carolina Ice Zone (CIZ) Address: 104 Red Banks Rd., Greenville, NC 27858
Phone: (252) 353-8888

Emergency Personnel¹

Athletic Trainer(s) (AT), Athletic First Responder(s) (AFR), Sports Program Supervisor(s) (SPS), and/or Facility Manager(s) (FM), and/or Club Sport Safety Officer (SO)

Roles of First Responders

- **Responder 1-** Immediate care of injured person(s)
- **Responder 2-** assist with care of injured person(s)
- **Responder 3-** retrieval of emergency equipment
- **Responder 4-** contacting emergency services (911)
- **Responder 5-** verbally direct ambulance to site via phone and flag down EMS in parking lot to physically direct them to the scene

Emergency Equipment

All emergency equipment is brought to games/events by the AT.

If the AT is not present, the SPS or FM has the AED, CPR facemask, and first aid kit on their person.

AED Location: AED (1) is carried with AT onsite and each location they go in the venue. When AT is present, AED is on the AT's person. If there is not an AT on site, there is NO AED.

Emergency Equipment Available: AED (1), First Aid Kit² and Splint bag³ (if AT is present)

Emergency Communication-

If a cell phone is not accessible: (1) a landline phone can be located with Carolina Ice Zone staff behind the snack bar.

"Hello my name is _____. I am calling from Carolina Ice Zone where there is an emergency, and we need an ambulance. There is a suspected _____ (describe injury/illness- head/neck injury, cardiac collapse, etc.). The victim is (State One) conscious or unconscious. The victim is located on/at _____ (ice rink, locker room, parking lot, etc.). Here are the directions: (choose the option below that is appropriate for the location of EMS/the victim). A person in a _____ colored shirt will flag you down when you arrive"

Answer all the dispatcher's questions and stay on the line until EMS hangs up. See page 2 for directions to facility.

Directions to Facility

Red Banks Road: Continue straight (West) on Red Banks Road. Turn left into the Carolina Ice Zone Parking lot. You are close to Carolina Ice Zone (CIZ) when you pass the Bojangles, Bank of America, and FastMed. Turn left into the parking lot with the CIZ sign.

¹ All AFR, SPS, SO, and FMs are CPR, AED and first aid certified. ATs are CPR/AED/BLS, BOC certified and licensed to practice athletic training.

² First aid kit is to be brought by the sport program supervisor and/or club's safety officer.

³ Splint bag is located with the AT and includes- CPR mask, rigid cervical collar, vacuum splints and accessories, sling, towels & ace wraps.

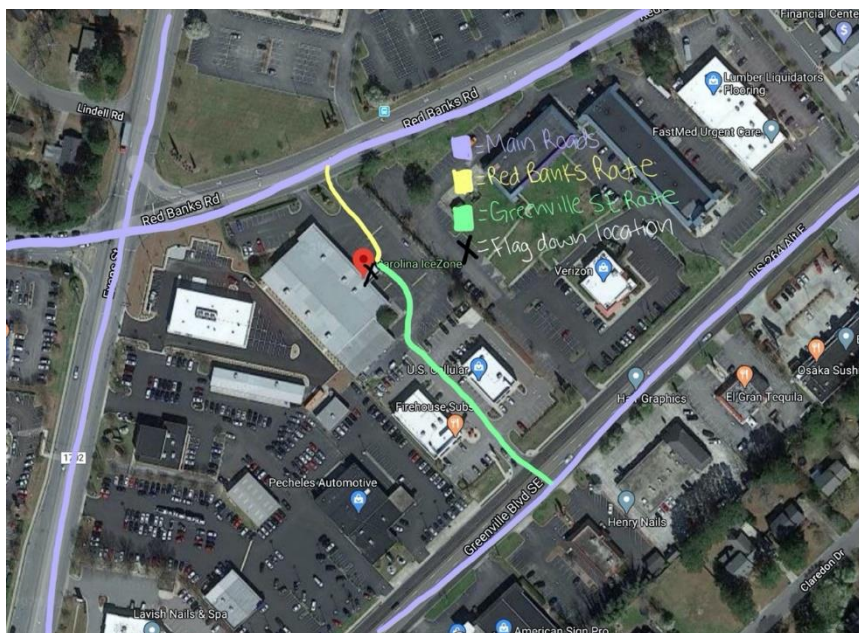
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W Arlington: Continue straight (west) on W Arlington Blvd. Turn right at the intersection of Evans St and W Arlington Blvd. Continue straight for a few miles. Turn left on Red Banks Road at the intersection of Evans St and Red Banks Rd. Turn at the next (immediate) right into the Carolina Ice Zone parking lot (marked by the Carolina Ice Zone Sign).

Greenville SE: Continue straight (SE) on Greenville Blvd SE. From Greenville Blvd SE, turn right into the parking lot of Firehouse Subs and US Cellular. Continue straight through the parking lot into the Carolina Ice Zone parking lot.

Facility Map



Closest Emergency Center

If injured person refuses an ambulance ride, please direct them to (1) for life threatening emergencies or (2) all other care.

1. ECU Health Medical Center Emergency Department (3.1 miles, approx. 10 min drive)
 - a. Address: 2100 Stantonsburg Road, Greenville, NC
 - b. Phone: (252) 847 – 4100
2. FastMed Urgent Care (0.2 miles, approx. 2 min drive) – Closes at 8PM M-F, closes at 4PM on weekends
 - a. Address: 315 Greenville Blvd SE, Suite 100, Greenville NC
 - b. Phone: (252) 917 - 5621