Carolina Ice Zone Emergency Action Plan

Carolina Ice Zone (CIZ) Address: 104 Red Banks Rd., Greenville, NC 27858
Phone: (252) 353-8888

Emergency Personnel

Athletic Trainer(s) (AT), Athletic Training Student(s) (ATS), Sports Program Supervisor(s) (SPS), and/or Facility Manager(s) (FM), and/or Club Sport Safety Officer (SO)

Roles of First Responders

If AT is on site:
   i. AT- Immediate care of injured person(s)
   ii. ATS / SPS - retrieval of emergency equipment
   iii. ATS / SPS / SO - contacting emergency services (911)
   iv. ATS / SPS / SO - verbally direct ambulance to site via phone and flag down EMS in parking lot to physically direct them to the scene

If AT is NOT on site:
   i. SPS1 / FM or SO - First aid/emergency care within the scope of their first aid and AED/CPR training
   ii. SPS2, FM, or SO- retrieval of emergency equipment
   iii. SPS2 or FM- contact emergency services (911)
   iv. SPS2, FM, or SO - verbally direct ambulance to site via phone and flag down EMS in parking lot to physically direct them to the scene

Emergency Equipment

All emergency equipment is brought to games/events by the AT.

If the AT is not present, the SPS or FM has the AED, CPR facemask, and first aid kit on their person.¹

AED Location: AED (1) is carried with AT onsite and each location they go in the venue. When AT is present, AED is on the AT’s person.

Emergency Equipment Available: AED (1), Splint bag², First Aid Kit, Stat Pack³ and epi-pen

Emergency Communication

In the event that cell phones are not usable: (1) a landline phone can be located with Carolina Ice Zone staff behind the snack bar.

   “Hello my name is ________. I am calling from Carolina Ice Zone where there is an emergency and we need an ambulance. There is a suspected _____ (describe injury/illness- head/neck injury, cardiac collapse, etc.). The victim is (State One) conscious or unconscious. The victim is located on/at _______ (ice rink, locker room, parking lot, etc.). Here are the directions: (choose the option below that is appropriate for the location of EMS/the victim). A person in a _____ colored shirt will flag you down when you arrive”

Answer all of the dispatcher’s questions and stay on the line until EMS hangs up.

See page 2 for direction to facility.

¹ All SPS, SO, and FMs are CPR, AED and first aid certified. AT’s are CPR/AED/BLS, BOC certified and licensed to practice athletic training.
² Splint bag includes- CPR mask, rigid cervical collar, vacuum splints and accessories, ankle boot, sling, towels & ace wraps.
³ Stat pack includes-

Directions to Facility

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**Red Banks Road:** Continue straight (West) on Red Banks Road. Turn left into the Carolina Ice Zone Parking lot. You are close to Carolina Ice Zone (CIZ) when you pass the Bojangles, Bank of America, and FastMed. Turn left into the parking lot with the CIZ sign.

**W Arlington:** Continue straight (west) on W Arlington Blvd. Turn right at the intersection of Evans St and W Arlington Blvd. Continue straight for a few miles. Turn left on Red Banks Road at the intersection of Evans St and Red Banks Rd. Turn at the next (immediate) right into the Carolina Ice Zone parking lot (marked by the Carolina Ice Zone Sign).

**Greenville SE:** Continue straight (SE) on Greenville Blvd SE. From Greenville Blvd SE, turn right into the parking lot of Firehouse Subs and US Cellular. Continue straight through the parking lot into the Carolina Ice Zone parking lot.

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**Facility Map**

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**Closest Emergency Center**

*If injured person refuses an ambulance ride, please direct them to (1) for life threatening emergencies or (2) all other care.*

1. **Vidant Medical Center Emergency Department** (3.1 miles, approx. 10 min drive)
   a. Address: 2100 Stantonsburg Road, Greenville, NC
   b. Phone: (252) 847 - 4100

2. **Vidant Medical Center Minor Emergency Department** (3.4 miles, approx. 8 min drive) – Closes at 10PM
   a. Address: 2380 W. Arlington Blvd, Greenville NC
   b. Phone: (252) 847 - 0100

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