

## Extreme Dodgeball Rules

- Extreme Dodgeball ball is played on a basketball court and participants must stay on their half of basketball court. Participants may go outside of the playing court to retrieve a ball as long as it is on their side of the basketball.
- A 10-minute time limit will be set for each game. If time expires whichever team has the most players that are not in jail will win. If the number is equal, the teams will select one person to go to head to head matchup where each person receives a ball. The participant who wins the head to head matchup will win the game for their team.
- Each team will start the game with 3 balls and must stand on their baseline until the official blows the whistle.
- A match will be decided by a best of 3 series. First team to win 2 games will win the match.
- Each half of the basketball court will have 4 cones that have a wiffleball on them. The cones will be located on the 4 corners of the basketball “paint” area. The paint area will also be used as the jail.
- Each cone will be inside of a hula hoop and no one can stand inside the hula hoop
- A team is made up of 6 players with minimum of 4 people required to play.
- The team will win the game when **one** of the following things happen:
  - All players from the other team are in jail
  - All 4 wiffleballs have been knocked off the cones
  - 3 wiffleballs have been knocked off the cone and after that a half-court shot is made.
- Participants that are struck with a ball (anywhere except the face/head) thrown by an opponent which is not caught will go to the opposing team’s “jail”.
- If a thrown ball is caught by the opponent before it hits the ground or any other object (not person), whoever threw the ball will be out.
- If a participant throws a ball that hits the opposing teams’ backboard it will allow all of the players in jail from the participant’s team to return to play.
- When players are returning from jail, they must exit the playing surface and walk to their team’s baseline to enter the court.
- Players that are in jail may not retrieve a ball outside of the jail but may throw a ball that is thrown into the jail back to their teammates.
- Players cannot enter their own jail to retrieve a ball.
- If a player crosses the center line they will be sent to jail.