



# ECU

## CAMPUS RECREATION AND WELLNESS

# Group Fitness Instructor

<b>Reports to:</b>	Group Fitness Coordinator
<b>Position starting wage:</b>	<b>\$12.00 per hour</b>

**Campus Recreation and Wellness Program Overview:**

Campus Recreation & Wellness at East Carolina University provides the following programs and services for the campus community: Intramural Sports; Physical Activity & Fitness; Informal Recreation; Club Sports; Adventure Programs; Youth and Family; Aquatics/Safety Services, Wellness, and Special Events. Facilities include a state of the art 150,000 square foot Student Recreation Center, an 18-acre multi-sport field complex, a Challenge Course, Health Sciences Campus facility and the North Recreational Complex. This complex is 129-acres and includes sport fields, a six-acre lake, disc golf course, boathouse, walking/jogging trails, outdoor fitness equipment, sandy beach area, beach volleyball, courts, and an Odyssey Challenge Course.

**Leadership Competencies:**

Campus Recreation and Wellness empowers student employees to become leaders by gaining valuable experience in the following eight leadership competencies:

**Adaptability, Communication, Conflict Resolution, Effective Reasoning, Initiative, Integrity, Mentorship, Self-Awareness**

**Position Summary:**

Group Fitness Instructors provide general fitness services and specific instructional workout classes within Campus Recreation & Wellness facilities. Primary areas of operation include the Student Recreation Center. Instruct Fitness Classes, Customer Service/Education, CRW Promotions, and Emergency Management are the primary duties of this position.

**Responsibilities and Duties:**

1. Instruct fitness classes for the CRW Group Fitness Program.
2. Report to work as scheduled - dress code compliant.
3. Participate in scheduled team meetings and trainings.
4. Provide customer service: basic exercise education, equipment instruction as needed, communication, customer assistance.
5. Complete assigned cleaning duties.
6. Maintain daily participation records in fitness classes.
7. Fully comply with the Campus Recreation & Wellness Employee Manual.
8. Consistently and objectively enforce all Campus Recreation & Wellness policies.
9. Adapt and accommodate a large spectrum of customer personality styles.
10. Adapt to team member work styles and work cooperatively with all Campus Recreation & Wellness employees.
11. Assist in emergencies as identified in the Emergency Procedures Manual and through team trainings.
12. Communicate with team members, supervisors, and customers.
13. Receive and be receptive to performance/ability/skill feedback from all CRW supervisors, and CRW Fitness Area Coworkers as it pertains to job duties.
14. Uphold the integrity and reputation of Campus Recreation & Wellness, and East Carolina University by providing exemplary customer service and leadership to students, staff, and patrons.

**Qualifications:**

1. Must have a current 2.0 overall GPA or higher.
2. Current ECU Student.
3. Obtain valid CPR and First Aid certification and blood-borne pathogens training within the past year.
4. Must be able to demonstrate competency in leading group exercise activities.
5. Must be comfortable proving exercise in an aquatic environment.
6. Must possess or be willing to acquire group fitness class program certifications such as: AFAA, ACE, ACSM, Les Mills, Zumba, etc.

**Application Process:**

Applications must be submitted through ECU's PeopleAdmin system. Visit [ecu.peopleadmin.com](http://ecu.peopleadmin.com), create a profile and apply for the position listed under Campus Recreation & Wellness. For further information, contact Courtney Johnson: (252) 328-5791 email: [campusrec@ecu.edu](mailto:campusrec@ecu.edu)

**Note:** Federal Law requires proper documentation of identity and employability at the time of employment. It is requested that this documentation be included with your application. East Carolina University is an affirmative action, equal opportunity employer and as such encourages applications from qualified women and minorities.