

## **North Recreational Complex Emergency Action Plan**

North Recreational Complex (NRC) Address: 3764 US 264 East, Greenville, NC 27834 Field house phone: (252) 737- 4468 Boat House Phone: (252) 737- 4418

### Emergency Personnel<sup>1</sup>

Athletic Trainer(s) (AT), Athletic First Responder(s) (AFR), Sports Program Supervisor(s) (SPS), Facility Manager(s) (FM), and/or Club Sport Safety Officer (SO)

#### **Roles of First Responders**

- **Responder 1** Immediate care of injured person(s)
- **Responder 2-** assist with care of injured person(s)
- Responder 3- retrieval of emergency equipment
- **Responder 4** contacting emergency services (911)
- **Responder 5-** verbally direct ambulance to site via phone and <u>flag down</u> EMS in parking lot to physically direct them to the scene

## **Emergency Equipment**

All emergency equipment (listed below) is brought to each practice and game/event by the AT.

If the AT is not present, the AFR, SPS or FM has the AED, CPR facemask, and first aid kit on their person or in the gator with them. All other emergency supplies are in the field house in the equipment room to the right by the taping tables.

**AED Location:** AED (1) is stored and locked in the gator room of the field house to the right on the wall when you first walk in. When AT is present for games/events, AED is on the AT's person. When only the AFR is present, AED is on their person.

Emergency Equipment Available: AED (1), First Aid Kit<sup>2</sup>, Splint Bag<sup>3</sup>, gator, ice water immersion tub.

Emergency Communication-
In the event that cell phones are not usable: (1) a landline phone can be located in the <b>equipment room in the field house</b> on the table to the right when you first walk into the equipment room, (2) a landline phone can be located in the <b>boat house</b> .
"Hello my name is I am calling from North Recreational Complex where there is an emergency and we need an ambulance. There is a suspected (describe injury/illness- head/neck injury, cardiac collapse, etc.). The person is (state one) conscious or unconscious. The injured is located on/at (Field _, field house, boathouse, ropes course, disc golf course, etc.). A person in a colored shirt will flag you down when you arrive."
Answer all the dispatcher's questions and stay on the line until EMS hangs up.

See page 2 for directions to facility.

<sup>&</sup>lt;sup>1</sup> All AFR, SPS, SO, and FMs are CPR, AED and first aid certified. ATs are CPR/AED/BLS, BOC certified and licensed to practice athletic training.

<sup>&</sup>lt;sup>2</sup> First aid kit is to be brought by the sport program supervisor and/or club's safety officer.

<sup>&</sup>lt;sup>3</sup> Splint bag is located in the field house and includes- CPR mask, rigid cervical collar, vacuum splints and accessories, sling, towels & ace wraps. If the athletic trainer is present, it will be with them.



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#### **Directions to Facility**

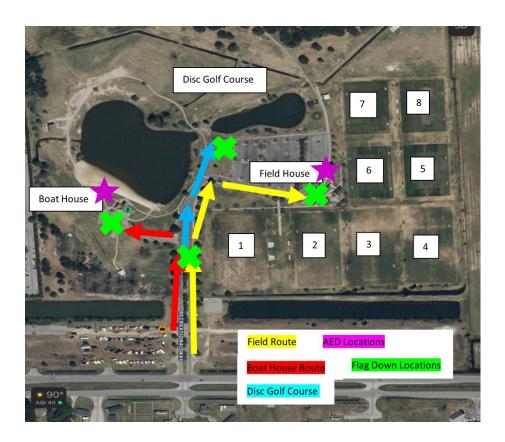
All directions are from Intersection of HWY 33/HWY 264.

**Greenville Blvd NE:** Continue up Greenville Blvd and turn right at the Intersection of HWY 33/HWY 264 onto US-264 East. Then make the third left into the North Recreation Complex

**Pactolous Hwy:** Continue through the Intersection of HWY 33/HWY 264 onto US-264 East. Then make the third left into the North Recreation Complex

**M.L.K. Jr Hwy:** Continue down MLK Jr. Hwy and make a left at the Intersection of HWY 33/HWY 264 onto US264 East. Then make the third left into the North Recreation Complex.

### **Facility Map**



## **Closest Emergency Center**

If injured person refuses an ambulance ride, please direct them to (1) for life threatening emergencies or (2) all other care.

- 1. ECU Health Medical Center Emergency Department (6.3 miles, approx. 15 min drive)
  - a. Address: 2100 Stantonsburg Road, Greenville, NC
  - **b.** Phone: (252) 847 4100
- 2. FastMed Urgent Care (4.5 miles, approx. 9 min drive) Closes at 8PM M-F, closes at 4PM on weekends
  - a. Address: 315 Greenville Blvd SE, Suite 100, Greenville NC
  - b. Phone: (252) 917 562