



# Club Cross Country and Track & Field Emergency Action Plan

## Emergency Personnel<sup>1</sup>

Sports Program Supervisor(s) (SPS), Facility Manager(s) (FM) and/or Club Sport Safety Officer (SO)

## Roles of First Responders

- **Responder 1** - First aid/emergency care within the scope of their first aid and AED/CPR training
- **Responder 2** - contact emergency services (911)
- **Responder 3**- verbally direct ambulance to site via phone and flag down EMS and physically direct them to the scene

## Emergency Equipment

Safety officer has a first aid kit. The nearest AED is located in the Eakin Student Recreation Center at the customer service desk.

**Emergency Equipment Available:** First-Aid Kit<sup>2</sup>

## Emergency Communication

If cell phones are not useable, use an ECU Emergency Call Box or a landline phone, and read below

*“Hello my name is \_\_\_\_\_. I am calling from \_\_\_\_\_ where there is an emergency, and we need an ambulance. There is a suspected \_\_\_\_\_ (describe injury/illness- head/neck injury, cardiac collapse, etc.). The person is (state one) conscious or unconscious. The injured is located on/at \_\_\_\_\_ (describe location.). A person in a \_\_\_\_\_ colored shirt will flag you down when you arrive.”*

**\*\*\*Answer all the dispatcher’s questions and stay on the line until EMS hangs up\*\*\***

## Closest Emergency Center

***If injured person refuses an ambulance ride, please direct them to (1) for life threatening emergencies or (2) all other care.***

1. ECU Health Medical Center Emergency Department
  - a. Address: 2100 Stantonsburg Road, Greenville, NC
  - b. Phone: (252) 847 - 4100
2. FastMed Urgent Care (4.5 miles, approx. 9 min drive) – Closes at 8PM M-F, closes at 4PM on weekends
  - a. Address: 315 Greenville Blvd SE, Suite 100, Greenville NC
  - b. Phone: (252) 917 - 5621

<sup>1</sup> All SPS, SO, and FMs are CPR, AED and first aid certified. ATs are CPR/AED/BLS, BOC certified and licensed to practice athletic training.

<sup>2</sup> First aid kit is to be brought by the sport program supervisor and/or club’s safety officer.