INDIVIDUAL ASSUMPTION OF RISK AND RELEASE

I understand as a participant in the **Intramural Sports program**, in consideration of being allowed to use Campus Recreation and Wellness facilities located at East Carolina University release and forever discharge East Carolina University, all of its officers, agents and employees, from and against any and all claims of damages, demands and actions or causes of actions, on account of damage to personal property, or personal injury, or death which may result from my participation. Specifically, I release East Carolina University, its officers, agents, or employees from any claim against them based on negligence, which is related to my participation in activities while in facilities located on the campus of East Carolina University.

I acknowledge as a participant of the **Intramural Sports program** that I am the recipient of a privilege from East Carolina University. I understand that this privilege is a tangible benefit to me.

I hereby attest and verify that I have full knowledge of the risks involved in participation in the **Intramural Sports program** within Campus Recreation and Wellness and I assume those risks, and I will assume and pay my own medical expenses and emergency expenses in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses. I attest that I am physically fit and sufficiently trained to participate in the **Intramural Sports program**.

I have read the foregoing Assumption of Risk and Release and freely and voluntarily agree to its terms.

I understand it is my responsibility to read and adhere to all Intramural Sports regulations. The regulations can be found on the Intramural website (www.ecu.edu/intramurals) and any questions should be directed to the Intramural Office staff. I also understand that ignorance of these regulations is not an excuse.

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